

## VOYAGE challenge Captain Paulius Kovas: it is important to maintain "cool head"



Entrepreneurship travel VOYAGE combines four main pillars: travel, managerial skills, networking and fun. Participants when joining VOYAGE will be travelling one week on land and later one week on yacht in Adrian or Mediterranean seas. They have to overcome plenty of challenges and after two weeks of experience, they will present new tourism business idea for potential investors.

During the trip instructors' team will head participants. One of the mentors - captain Paulius Kovas who has been in business for almost 30 years.

**Occupation:** lecturer, management and negotiation consultant, ICF coach, yacht captain, author of "Life in the Storm" (Lt: "Gyvenimas audroje).

**Interests:** sailing, fishing, public speaking.

**Weaknesses & fears:** I have a lot of fears, but they are my friends. In order to overcome, for example, the fear of public speaking, I had to learn many new things, and that is interesting. Additionally, feeling of fear activates the self-protection mechanism, which is useful for both business and

extreme activities. It is important to manage the situation and yourself so that the fear will not develop into panic.

After more than 50 years of sailing and 30 years of business management experience, P. Kovas thinks that in business as in sailing – you have to keep calm under pressure. The parallels between the sea and the business are obvious: storm - crisis, yacht – company, captain – leader.

In the process it is important to keep the team motivated, to specify the aim, manage relationships and communication, etc.

Plato said that a leader has to be intelligent, brave, temperate and fair in decision-making in order people would like to follow him. And I still would add that leader has to be charismatic, willing to serve his people and to be altruists" - says P. Kovas.

He is sailing since his childhood. A few years ago, he crossed the Indian Ocean and the Atlantic Ocean twice. This captain has experience of more than 40,000 nautical miles in sailing. Therefore, participants of the challenge certainly will be in safe hands and will learn to sail.

Currently the main occupation of P. Kovas is to share experiences and to conduct training on the following topics: leadership, team building, staff and personal motivation, negotiation and creativity. He is also an angel for business and consultant to start-ups



Žanetos Paunksnės nuotr./Paulius Kovas

P.Kovas is convinced that anyone can create their own success, you just have to work: "Success will not fall for you just by sitting on the couch. You have to do something for 10, 000 hours in order to succeed. After this much time, even a bear begin to ride a bike!"

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<http://www.15min.lt/pasaulis-kiseneje/naujiena/kelioniu-pulsas/voyage-issukio-kapitonas-paulius-kovas-svarbu-islaikyti-salta-galva-637-600871>